It’s not often one person’s resume includes all of the following: respected political leader; seasoned diplomat; renowned human rights advocate and award-winning author. But such is the case with Canadian humanitarian Stephen Lewis – and Bluewater Health Foundation is proud to offer Sarnia-Lambton the opportunity to hear from Lewis on Wednesday, October 14 at the Holiday Inn in Point Edward. Proceeds from this year’s gala will support the hospital’s Maternal Infant Child Program in the care of newborns and their families. “Bluewater Health Foundation is delighted to join together with our generous sponsors to bring Stephen Lewis to Sarnia-Lambton,” said Kathy Alexander, Executive Director of Bluewater Health Foundation. “Stephen is an inspiration and is recognized across the globe for his human rights. We are thrilled that he is a part of this year’s gala and are grateful to the sponsors and the community whose support makes this event possible.”

Distinguished Career
Stephen Lewis is a Professor of Practice in Global Governance at the Institute for the Study of International Development at McGill University and a Professor of Distinction at Ryerson University. He is the board chair of the Stephen Lewis Foundation, which is dedicated to turning the tide of HIV/AIDS in Africa, and he is co-founder and co-director of AIDS-Free World, an international advocacy organization.

Stephen Lewis’ work with the United Nations spanned more than two decades. He was the UN Secretary-General’s Special Envoy for HIV/AIDS in Africa from June 2001 until the end of 2006. From 1996 to 1999, Mr. Lewis was Deputy Executive Director of UNICEF at the organization’s global headquarters in New York. From 1984 through 1988, he was Canada’s Ambassador to the United Nations.

In 2003, Stephen Lewis was appointed a Companion of the Order of Canada, Canada’s highest honour for lifetime achievement. In 2007, King Letsie III, monarch of the Kingdom of Lesotho (a small mountainous country in Southern Africa) invested Mr. Lewis as Knight Commander of the Most Dignified Order of Mono shoehoe. The order is named for the founder of Lesotho; the knighthood is the country’s highest honour. And in 2012, Mr. Lewis was an inaugural recipient of Canada’s Queen Elizabeth II Diamond Jubilee Medal.

Mr. Lewis is the author of the best-selling book, Race Against Time. He holds 37 honorary degrees from Canadian universities, as well as honorary degrees from Dartmouth College and Johns Hopkins University in the United States.

About Bluewater Health’s Maternal Infant Child Program
Patient and family-centred care is at the heart of Bluewater Health’s Maternal Infant Child Program. Together, we meet the unique care needs of over 1,000 mothers and babies each year.

The LBRP rooms will allow more mothers delivering their babies to be comfortable in a more home-like atmosphere during their hospital stay, and welcome more visitors to celebrate their new arrival.

Equally important is to have a team of skilled staff with the training and tools they need to continue to provide exemplary healthcare experiences to growing families. These beautiful beginnings lead to healthy families that in the end contribute to a healthy community.

How to Participate
Tickets for the gala are on sale now and are available through Bluewater Health Foundation by calling 519-464-4428. Tickets are $250 each, and include a charitable tax receipt for $100. Bluewater Health Foundation is also currently accepting sponsors for the event. Information on sponsorship is available by calling Johanne Tomkins, Special Events Coordinator with Bluewater Health Foundation, at 519-464-4428.

Did You Know…
While at university Stephen Lewis participated in a debate against the future president John F. Kennedy?
He was a broadcaster on both CBC Radio and CityTV.
In 2005, he was named by Time magazine as one of the 100 most influential people in the world (in the category which included The Dalai Lama, Bill Gates, Oprah Winfrey, and Nelson Mandela).
Upcoming Events

Foundation Events
October 14: An Evening with Stephen Lewis
November 20 - 22: Simon Warder Prostate Cancer Memorial Shirt Tournament (see previous page 3)
November 28 - 29: Winter Wonderland (see story this page)
December 4: Children’s Auxiliary’s Annual Cookie Walk
December 11: Light Up Our Hospital; 6:00 pm
For further information, please contact Johanne at (519) 464-4005 or jtomkins@bluewaterhealth.ca or www.bluewaterhealthfoundation.ca.

Bluewater Health Board of Directors Meetings
October 28, 6:00 pm
November 25, 6:00 pm
For location, meeting details and other hospital events please visit the events calendar on Bluewater Health’s website, www.bluewaterhealth.ca.

Health Watch
October: National Breast Cancer Awareness Month, National Occupational Therapy Month, Patient-Centered Care Awareness Month
October 1: National Seniors Day
October 4 - 10: Mental Illness Awareness Week
October 4 - 10: Materials Management Week
October 10: World Mental Health Day
October 18 - 24: Respiratory Therapists Week
October 18 - 24: National Infection Control Week
October 19 - 25: Spiritual & Religious Care Awareness Week
October 26 - 30: Canadian Patient Safety Week
November: Lung Cancer Awareness Month, Pancreatic Cancer Awareness Month, Prostate Cancer Awareness Month, Diabetes Awareness Month, World Abuse Awareness Month and the Period of PURPLE Crying to raise awareness of Shaken Baby Syndrome
November 2 - 8: Medical Radiation Technologists Week
November 6 - 12: National Seniors’ Safety Week
November 12: National Philanthropy Day
November 15: World Chronic Obstructive Pulmonary Disease (COPD) Day
November 20: World Child Day

Winter Wonderland Continues Success

Now an established holiday tradition, Winter Wonderland will be held once again this year at DeGroots Nurseries. Bluewater Health Foundation and BMO Bank of Montreal, together with DeGroots Nurseries and CCI Studios are proud to offer this important fundraiser supporting Bluewater Health. The event will run Saturday, November 28 and Sunday, November 29 from 11:00 am to 4:00 pm each day.

Some of the highlights and activities will include:
• A visit from Santa Claus, complete with photos
• An opportunity to have a picture taken while petting a real reindeer
• Horse-drawn wagon rides
• Food and beverage stations
• Snowy and family members took part in the baking for them, for the three years we’ve been passing the hospital during the holiday season.” To brighten the season for those receiving – and providing – care through the holidays, Bluewater Health Foundation is once again offering the Sarnia-Lambton community the opportunity to participate in its annual ‘Light Up Our Hospital’ campaign.

“The lights have been making such a difference to patients and their families, as well as the staff caring for them, for the three years we’ve been turning on the outdoor lights,” says Kathy Alexander, Executive Director, Bluewater Health Foundation. “The community has been so supportive, and we plan to continue to add to the lights displays over the next few years to match the growth in donations. The lights allow our donors to see the reflection of their donation and the difference it is making.”

Bulbs will again be sold by Bluewater Health Foundation, to be part of the festive decorations at the Sarnia Hospital. Supporters can purchase a single bulb for $5, a strand for $10, or multiple strands of lights through a tax-deductible gift. “Each bulb represents the generosity of a donor in bringing joy to those in hospital while at the same time providing for Sarnia-Lambton’s healthcare needs,” adds Alexander. “Many donors choose to honour loved ones who have passed by purchasing memorial bulbs on the Christmas tree, while others express their gratitude to care providers, teachers, babysitters and others by purchasing bulbs in their names.” If you purchase a memorial bulb for a $50 donation, your loved one’s name will also appear on our memorial wall and you and your family will be invited to attend our beautiful Memorial Wall service on May 4, 2016. The lighting ceremony will take place at 6:00 pm on December 11 in the Atrium of Bluewater Health in Sarnia as we illuminate the low-voltage green LED lights on the exterior of the hospital. That evening, the Sarnia hospital is holding its annual caroling night in the Atrium as well, accompanied by cookies and hot chocolate. Last year, more than 60 staff members, patients and family members took part in the holiday event.

‘Race for Health’ Benefits Local Cardiac Care

On Sunday, September 13, Bluewater Health Foundation’s Race for Health once again promoted heart health in Sarnia-Lambton. The funds raised through this year’s event – expected to top $10,000 – will be used to purchase cardiac care equipment. Supported through the generous sponsorship of In Motion, the event featured a kids’ fun run, 5km walk/run, 10km and a ½ marathon walk/run for more than 150 participants. Pictured above are participants of last year’s inaugural event. Read more about Platinum Sponsor, In Motion, in the Donor Profile on page 5.
YOUR HOSPITAL AND FOUNDATION BOARD MEMBERS

Volunteer Profile
Randy Dunn

Randy Dunn has a lot of reasons for being involved with Bluewater Health Foundation to benefit local healthcare. “Growing up in this community, having a wife employed as an RN at the hospital and making a number of trips to Bluewater Health over the years, including the births of both my children, I understand how critical healthcare services are to a community,” he says. “Providing my time and insight is just a small measure of repayment I can make to help with the continual improvement of our facilities and care.”

Randy first became involved with Bluewater Health Foundation in 2009 as a member of its Board of Director’s Investment Management Committee at the urging of past Chair Greg Bond. He then transitioned to being a full Board member, and held the positions of Secretary-Treasurer and Vice-Chair before becoming Chair in June 2015. “I felt it was a logical transition,” says Randy. “Both the Board and Foundation staff are in a great position with clear investment policy objectives, a defined strategic plan and an open relationship with Bluewater Health. I am excited about the direction we have taken and the ideas the Board is looking to implement.”

Specific goals include raising the profile of the Foundation in the community and within the Bluewater Health family, growing its endowment funds, continuing to improve core fundraising activities and maintaining a strong and diverse Board to oversee and advise the Foundation staff.

Randy was born and has primarily resided in Sarnia for his entire life. He and his wife (also a lifetime Sarnia resident) have two teenage boys. He is a Chartered Professional Accountant-Chartered Accountant who acts as one of the Partners at Hazlitt Steeves Harris Dunn LLP in Sarnia and enjoys coaching and playing lacrosse as well as golfing with friends.

“I have already been involved in two wonderful Gala events (featuring Chris Hadfield and Clara Hughes), a number of successful Dream Home Lotteries and many other great fundraising initiatives,” he adds. “I can’t wait for what’s up next!”

Did you know that it is volunteers who govern the Boards of Directors for both the local hospitals and the hospital foundations? In general, a Board of Directors is a body of elected or appointed individuals who jointly oversee the activities of an organization; it is often referred to simply as “the Board.”

The Board’s activities are outlined in the organization’s bylaws. Typical duties include governance through policies and objectives, selecting and reviewing key performance indicators, and ensuring the financial health of the organization.

Hospital Board Drives Strategy
Bluewater Health’s Board of Directors consists of 17 individuals who bring diverse skills, expertise and experience to hospital governance on behalf of the Sarnia-Lambton community. The Board includes 12 volunteers from the community who are elected for three-year terms, as well as five non-voting Directors (the hospital’s President/CEO, Chief of Professional Staff, Chief Nursing Executive and the President and one of the Vice-Presidents of the Professional Staff Association).

Their work includes strategic planning, quality and performance monitoring, financial and management oversight, risk identification and oversight, stakeholder communication, engagement and accountability, and legislative compliance.

For more information about the Board of Directors, including biographies, meeting dates, agendas and minutes, please visit Bluewater Health’s website at www.bluewaterhealth.ca under About Us/Board of Directors. Board Highlights are published after each monthly meeting and can be found on the website under News/News Releases.

Foundation Boards Oversee Fundraising and Investment
Bluewater Health Foundation’s 13-member volunteer Board of Directors is representative of the Sarnia-Lambton community, and strategically leads and governs the work of the Foundation. On the Board of Directors you will find community leaders, financial experts and committed philanthropists. Community volunteers join directors in serving on a number of committees to oversee financial performance, donor stewardship, investment activity, allocations and fundraising.

For more information about the Board of Directors, including biographies, visit Bluewater Health Foundation’s website at www.bluewaterhealthfoundation.ca and click on About Us/Our Board of Directors.

The Charlotte Eleanor Englehart Hospital (CEEH) Foundation’s Board of Directors is made up of five community-based volunteers, the President/CEO, Medical Director of Rural Health, a liaison from the Bluewater Health Board of Directors, a liaison from the CEEH Auxiliary and a liaison from the Bluewater Health Foundation Board of Directors.

For more information about the CEEH Board of Directors, visit Bluewater Health’s website at www.bluewaterhealth.ca, click on “Donate to Our Foundations” and select CEEH Foundation.
The Charles Kennedy Charitable Foundation was established in 1981 as a means for Ethel & Charles Kennedy to give back to the community. Charles, the founder, wanted to provide a legacy that would fund scholarships, and help hospitals located in Lambton County. Every year the Foundation Board contributes a percentage of interest from the fund to Bluewater Health Foundation. This year, they made a $40,000 donation which was used to purchase equipment for Bluewater Health’s Nursery and Obstetrics department. Pictured, l-r, are: Doug Kennedy, Karen Kennedy, and Kathy Alexander, Executive Director, Bluewater Health Foundation.

Mail Appeal Draws Support for Babies, Families

Bluewater Health’s Maternal Infant/Child program would like to thank the community for its generous support through its response to a recent donation appeal. More than $45,000 was pledged by donors to help Bluewater Health become more baby-friendly. Pictured, l-r, are: Jason and Danielle Huston with newborn son Caleb Huston.

Mental Health Inpatients Get New Laundry Facilities

Inpatient Services in the Mental Health unit at Bluewater Health in Sarnia now has a new washer and dryer thanks to North End Appliance and the Harold E. Ballard Foundation. The unit is seeking pre-loved clothing donations for adult males and females at this time. Pictured, l-r, are: Mary Stagg, Unit Helper, Mental Health; Lynn Stathis, Clinical Manager, Mental Health Inpatient; and Vauna Murphy, RPN, Mental Health.

Raffle Proceeds Benefit Mammography

BE BEAUTIFUL...PART 4 FUNDRAISER RAFFLE DRAW

Sponsored by: Beauty & the Art

1. Catamaran gondola ride for 4 onboard

WINNER: Joel Skinner

2. $100 gift certificate for The Greenhouse

WINNER: Kristin Kohlmeier

3. $100 gift certificate for Pyjamas

WINNER: Sharon Wilson

All proceeds to benefit Bluewater Health Mammography Department

Thank you!

NEW ENTERTAINMENT OPTION FOR MIC

The Starlight Foundation and Travelers generously donated an entertainment centre to the Maternal Infant Child program in the Sarnia hospital.

WINNER: Joel Skinner

WINNER: Kristin Kohlmeier

WINNER: Sharon Wilson

License # M767980

Raffle Proceeds Benefit Mammography
Raffle Proceeds Benefit Rehab

The proceeds of this year’s Jersey Raffle have been used to purchase a NuStep machine for the Rehab unit. This piece of equipment provides strengthening opportunities for both upper and lower extremities in a supported sitting position. It will assist patients in palliative care, in general medicine and in the complex care unit. Pictured, l-r, are: volunteer Dana Roth, who is a 4th-year Kinesiology student at the University of Windsor, and Alison Coy, Physiotherapist, Bluewater Health.

Endowment Proceeds Directed to Greatest Need

The Sarnia Community Foundation’s Catterson Family Fund has directed this year’s grant of $568 to Bluewater Health Foundation to be used where the need is greatest. Gordon Catterson was a past Board Chair of both Sarnia General Hospital and the Sarnia Community Foundation. Pictured, l-r, are: Kathy Alexander, Executive Director, Bluewater Health Foundation and Jane Anema, Executive Director, Sarnia Community Foundation.

Donor Profile

In Motion

In Motion’s focus on health, rehabilitation and injury prevention makes it the ideal sponsor of Bluewater Health Foundation’s Race for Health event. “We have been actively engaged in supporting a wide variety of community events in the past, however, the opportunity to commit ourselves to one event, one that ties in healthcare and activity, was too good to pass up,” says Dr. Luke Winegard. “Being the platinum sponsor of the Race for Health aligns with our mission and values at In Motion and allows us to give back to a wonderful cause. Brendan (co-founder Dr. Carney Killian) and I are both runners, as are several of our team and a great many of our clients.”

The event, which promotes active living through running to support cardiac care for local residents, complements In Motion’s work with their clients to set and exceed their personal health and fitness goals and to improve their quality of life. “We are built to be In Motion – exercise really is the best medicine,” says Dr. Carney Killian. “It is a natural fit for the proceeds of this event to support the great work done by the cardiac care team at Bluewater Health.”

Both Dr. Carney Killian and Dr. Winegard ran the 10km distance and several of their staff completed the 5km and 10km distances. A free 5km run clinic for clients of In Motion saw several participants gear up for the 5km race. This group ran three times per week from In Motion and had participants ranging from those learning to run to those looking to run a personal best time.

Drs. Carney Killian and Winegard opened In Motion: Health – Wellness – Fitness in January 2007, to provide clients with the best possible treatment and rehabilitation options to keep them moving and to motivate them to live an active lifestyle. “We had prepared the business plan in our final year of school and upon graduation in June of 2006 we started taking steps to establish In Motion here in Sarnia,” says Dr. Carney Killian. “It was a huge risk to open a large multidisciplinary clinic immediately out of school, but with hard work and good fortune the risk has paid off.” In Motion offers a variety of pain management, rehabilitation and injury prevention options to an array of clients. The team includes chiropractors, physiotherapists, registered massage therapists, kinesiologists, personal trainers, a chiropodist and a dietician. To learn more, visit www.sarniainmotion.ca.

How would you get help at a moment like this?

Lifeline is the only medical alert service that calls for help automatically even if you or a loved one can’t.

Call Lambton Kent Lifeline in affiliation with Bluewater Health Foundation today at 1-888-387-8045 and receive FREE INSTALLATION (value up to $90). Call 10135x884 www.lifeline.ca

The little shop in the atrium of Bluewater Health, a great reason to visit the hospital.

flowers accessories snacks
Breast cancer. It’s the most common cancer in Canadian women – with one in nine women expected to be diagnosed in their lifetime. The good news is the odds of beating breast cancer have dramatically improved. According to national research, the five year survival rate is 88% thanks to improved screening, detection and treatment. With earlier detection, specially-trained healthcare professionals, state-of-the-art technology, effective treatment options, and exemplary care, we can ease the journey and even help to stop cancer in its tracks.

Be Breast Aware
Get to know the uniqueness of your own breasts and learn what’s normal for you. Look for a lump or swelling in the armpit, changes in breast size or shape, dimpling or puckering of the skin, redness, swelling and increased warmth in the affected breast, inverted nipple, crusting or scaling on the nipple – and report changes to your healthcare provider.

Prevention and treatment
A breast x-ray (called a mammogram) can find small breast cancers two to three years before they can be felt. This can increase treatment options and save lives. Research shows that a woman between 50 and 69 years old who gets screened with mammography can reduce her risk of dying from breast cancer by over 20%.

But according to Diane Cadieux, Director Diagnostic Imaging, encouraging mammograms isn’t always easy. “It’s normal for women to feel uneasy to uncover their breasts while allowing the technologist to position for the pictures. Compres-

sion of the breast can be uncomfortable but is absolutely necessary to obtain the best possible image,” she adds.

“The hospital’s diagnostic imaging technologists are specially trained in this procedure and know how you may feel. They’ll do all they can to help make the experience as convenient, discreet, and comfortable as possible.”

Screening
Women aged 59-74 years old who are at average risk for breast cancer should have a screening mammogram every two years. (Average risk means no acute breast symptoms, no personal history of breast cancer, no breast implants, and no mammogram within the last 11 months). Women aged 30-69 years who have been identified as being at high risk for breast cancer should have a screening mammogram and when required a breast MRI, annually. Younger women (in their 40s) and older women (over 74 years) are encouraged to make a personal decision about screening in consultation with their healthcare provider.

Mammogram Tips
• To book an appointment for a mammogram call 519-464-4515
• Schedule the appointment at least one week after your last menstrual cycle due to breast tenderness and tissue sensitivity.
• Avoid coffee, energy drinks or other caffeine-containing foods and beverages for a day or two prior.
• Caffeine can increase breast tissue tenderness and make the mammogram more uncomfortable.

• Avoid wearing deodorant the day of your exam.
• An over-the-counter pain reliever or anti-inflammatory medication can reduce breast tenderness or post-exam discomfort.
• We’re serious about breast health yet you can still have fun. Make it a girls’ day by booking a screening mammogram with a mom, sister or friend.

Bluewater Health has achieved designation from Cancer Care Ontario as an Ontario Breast Screening Program (OBSP) site. To ensure the safety and quality of our service, equipment and staff, we undergo accreditation through the Canadian Association of Radiology every three years, meeting and exceeding their national quality assurance standards for the past 20 years. And, every six months our equipment undergoes proactive maintenance so it’s always functioning at peak performance.

To provide you with safe, quality care, it is important for your healthcare provider to know what medications you take at home, including prescription medications, over-the-counter medications, vitamins, and herbs. Medication reconciliation helps hospital staff determine which of your medications will need to be continued, modified or stopped; what to give you during your stay at the hospital; and what the next steps are in your care,” said Pharmacy Director Andrea Wilkes.

When you come to the hospital always bring:
• An up-to-date list of your medications, and/or your medication bottles, creams, inhalers, drops, etc.
• An up-to-date list of your vaccinations (usually a yellow card)

Make a list of the medications you take regularly. Your community pharmacist can help. MedsCheck is a program that allows you to schedule a 20 to 30 minute one-on-one meeting with your community pharmacist for an in-depth review of your medications. Ask your community pharmacist to learn more or to schedule an appointment.

When making your list, it’s important to know the following information about each of your medications:

• Name of the medication (ex. generic name: Atorvastatin, brand name: Lipitor)
• Dose (ex. 40 mg, 15 mL, 1000 units)
• Route (ex. orally, subcutaneous, injection)
• Frequency (ex. once daily)
• Reason for taking the medication (ex. To lower cholesterol, for iron deficient anemia)
• Additional Information (ex. Name of prescriber, avoid grapefruit juice, take on an empty stomach)

Always keep your home medication list with you. You can keep it in your wallet or on your phone with smartphone apps like MyMedRec or MedicalID. Bring your list with you to all hospital visits, medical appointments, and when you pick up prescriptions. In case of an emergency, it’s a good idea to give a copy to your emergency contact, family member or friend.

Update your home medication list any time your medications change, including strength or frequency. When you are discharged from the hospital, you will be given a discharge package that includes your new medication schedule. Talk to your home pharmacist or a Hospital Discharge MedsCheck.

Understanding Medication Reconciliation

EARLY DETECTION SAVES LIVES

Breast Cancer Awareness Month?
Every patient has a story about the care he or she receives while in hospital. Most reflect Bluewater Health’s Mission: We provide exemplary healthcare experiences for patients and their families every time. Some stories however, fail to live up to the organization’s expectations of care. In 2012, a journey began with the formation of the Patient Experience Partner (PEP) Council. It comprised of 15 to 20 volunteers who work collaboratively with hospital staff to ensure that there is a patient experience the best it can be. Their value is that they bring their perspective on what might need some attention.”

PEP Co-Chair, Madeleine Kerr says, “Each PEP has a passion for excellent healthcare and their voluntirism is a gift to their community hospitals. PEP Co-Chair, Joyce Hodgson adds, “The PEPs do a lot of work in helping the organization communicate in a way which patients and families can understand. We review the Patient and Family Guide, provide inspirational messages for the digital screens to support waiting patients and families, and suggest improvements in way-finding signage,” she said. “We have also helped to standardize patient kitch- enettes, and, we are amongst the first to greet new employees, students and volunteers at their Orientation.” Members of the PEP Council sit on several standing committees, including the Ethics Committee, Strategic Planning Committee, and Quality & Patient Experience Committee among others. They participate on project teams such as one to improve patient flow, and have begun to be involved in distributing patient satisfaction surveys. Most recently, PEPs have started to offer “PEP Talks” at departmental Huddle Boards, encouraging staff in their work to improve the patient experience.

According to Patient Advocate, Denise Dodman, “PEPs have become very knowledgeable about hospital processes. They review patient satisfaction data with me, and have brought forward a number of sug- gestions to make the patient experience the best it can be. Their value is that they bring their perspective, more so than their own experience, to work collaboratively to make im- provements that future patients and families can benefit from.”

Senior leadership and the Board of Directors consider this very mean- ingful, even consulting with PEPs on Bluewater Health’s Quality Im- provement Plan and Strategic Plan. “We trust that to truly live out our mission and improve care, we must partner with our patients and their families and learn from the wisdom that comes from their experiences,” says Sue Denomy, President & CEO. Others outside the hospitals are taking note, too. Accreditation Can- ada made special mention of the positive contribution of the group in its 2015 Accreditation report, which saw Bluewater Health receive Ac- creditation with Exemplary Standing and its highest score ever, of 99.3%. To apply to volunteer as a Patient Experience Partner, please contact the Patient Advocate by e-mail (pa- tient advocate@bluewaterhealth.ca) or complete the application form available on the Bluewater Health website, www.bluewaterhealth.ca. As a critical first step, the Board of Directors has confirmed that Bluewa- ter Health’s current Mission, Vision and Values will continue through to Spring 2016 with a public launch anticipated within a year’s time. Bluewater Health’s new strategic plan will guide the organization for the next three to five years.
NEW DREAM HOME BUILDS ON SELLOUT

If you’re hoping for a last-minute ticket for Bluewater Health Foundation’s 21st Dream Home Lottery in the Sarnia-Lambton community (lic. no. #7431) you may be out of luck if last year’s ticket sell-out repeats. To ensure you’re not disappointed, don’t wait to purchase your ticket! The 8,200 Dream Home tickets will be available in early September for $100 each at Bluewater Health Foundation’s office (located inside the main corridor of Bluewater Health) as well as at Charlotte Eleanor Englehardt Hospital of Bluewater Health, Brushstrokes Interiors and various community locations including area banks, credit unions and Shoppers Drug Mart stores or by calling 519-464-4428. Proceeds will be directed to Bluewater Health Foundation in their efforts to purchase new state-of-the-art equipment and for patient comfort at Bluewater Health. Bluewater Health Foundation invites you to tour the Dream Home beginning Saturday, October 17, 2015 through to Sunday, February 14, 2016. The home will be open every Saturday and Sunday during this period from 1:00 pm to 4:00 pm. The Dream Home and all remaining prizes will be drawn on Friday, February 19, 2016 at 9:00 pm at the Quality Inn, Sarnia. More information will be available in upcoming issues of Pulse.