



Patient Information: Cardioversion

WHAT IS SYNCHRONIZED CARDIOVERSION?

A cardioversion is a procedure used to treat an abnormal and rapid heart rhythm. The most commonly treated arrhythmia is atrial fibrillation or atrial flutter.

Prior to the procedure, you will have an ECG done. The nurse will take your medical history, start an intravenous to deliver medications through and will monitor your vital signs throughout your entire stay.

During the cardioversion procedure, an electrical shock is delivered to your chest to restore the heart rhythm to a normal pattern.

It is important to arrange for someone to drive you home following the procedure.

PRIOR TO THE PROCEDURE

1. Do not eat or drink anything after midnight before the procedure.
2. Take morning medications with a sip of water unless otherwise instructed by your healthcare provider.
3. Please bring your health card and a list of your current medications with you.
4. Leave all your valuables at home.
5. You will be able to eat and drink as soon as you are awake and comfortable.
6. You must remain in the hospital for a minimum of two hours after the cardioversion. You will be discharged sometime following this.

YOU ARE SCHEDULED FOR CARDIOVERSION ON

Date: _____

Time: _____

Location: _____

You will need to register for your procedure at Patient Registration at _____. Patient Registration is located on the first floor of Bluewater Health.

YOU WILL NEED TO BRING

- Your health card
- A list of your current medications
- Someone to drive you home after your procedure

If you have any questions or concerns, please do not hesitate to contact us.

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