

Referral Criteria:

The SPC is an outpatient clinic for individuals who have signs and symptoms of a **RECENT** stroke or TIA. The goal of the clinic is to reduce incidence of future stroke.



Any of the following symptoms on their own **WITHOUT** a focal neurological deficit are **unlikely to be** TIA/stroke.

- Twinkling/flashing lights/visual floaters
- Memory loss/amnesia
- Vague generalized weakness without loss of power
- Unilateral LMN pattern facial weakness (Bell's Palsy)
- Vasovagal syncope
- Peripheral neuropathy sensory distributions
- Isolated transient loss of consciousness or syncope
- Isolated non-vertiginous dizziness
- Transient symptoms lasting only seconds
- Seizure

Other Information:

Please provide patient with the **Secondary Stroke Prevention Clinic: Information for Patient and Families** handout and **Heart and Stroke's TIA Fact Sheet** (if applicable).

The patient will be triaged for appropriateness and prioritization. If deemed appropriate SSPC staff will then arrange for an appointment, book any other diagnostics required and contact the patient directly.

TRIAGE / RISK ASSESSMENT:

HIGH RISK	Next available clinic appointment, ideally \leq 7 days from referral date
MODERATE (INCREASED) RISK	\leq 2 weeks from referral date
LOW RISK	\leq 1 month from referral date

Adapted from the Canadian Stroke Best Practice Recommendations

Key Best Practices: Antithrombotic therapy prevents stroke. Patients with confirmed TIA or ischemic stroke should start antiplatelet therapy unless anticoagulation is indicated.

Key Health Teaching:

Review Signs of Stroke & when to call 911.

Recommend refrain from driving until seen in SPC.

TIA/Stroke Education package provided (if applicable).