

# Discharge Instructions:

## Malignant Hypothermia Reaction

Date: \_\_\_\_\_

Dear Patient,

You may be susceptible to the development of Malignant Hyperthermia.

Your care provider, \_\_\_\_\_, has provided treatment with this in mind. However if you experience any of the following signs listed below, please contact Bluewater Health switchboard at: 519-464-4400 extension "0." Tell the attendant you have an instruction sheet for Malignant Hyperthermia Reaction and need to speak to the Anesthetist on call. The attendant will connect your call.

Signs to watch for:

- Fever of more than 38.5 degrees Celsius measured on a thermometer, within the first 24 hours;
- Urine (pee) that is dark "cola" coloured or red;
- Severe muscle pains;
- Fast breathing that is upsetting; or
- Fast heartbeat of more than 120 beats per minute.

Thank you.