

Withdrawal Management & Addictions Services:

Please note: Program development is ongoing, and so, there may be new offerings and program changes over time. All programs are voluntary, at no cost, and available to those aged 16 and up.

The Withdrawal Management Team offers:

- In-office, virtual, phone, and community appointments for the purpose of harm reduction, education, stabilization, assessment and referral. To access an appointment, either call and book a time, or walk in
- Acute withdrawal management beds for the purpose of withdrawing from substance(s) in a safe and supportive place. Beds are available on a first come first served basis. Call to enquire
- A stabilization program (Ryan's House), to support ongoing abstinence from substances, enhanced well-being, emotional and physical healing, and assessment and referral as appropriate

For more information:

Community Withdrawal Management: 519-332-4673

Residential Withdrawal Management: 519-464-4487

The Addiction Services Team offers:

- Individual counselling for those who use substances or struggle with problematic gambling or technology use, and their families.
- A 10-session group treatment program, offered over five weeks
- A peer support group and an education group for family members

For more information: 519-464-4400 ext. 5370