

Visiting Your Baby in the Special Care Nursery

You are the most important person in your new baby's life and as such we encourage you to visit your baby frequently. Quality time spent with your baby is important not only to assist with bonding but to their growth and development.

The Special Care Nursery staff is here, not only to meet the needs for your baby, but also to offer guidance and support to you and your family. We can assist you to feel comfortable providing care for your baby and to learn how to be involved with your baby's development. Although there may be difficult moments, the closeness and time you spend with your baby can be an important part of this special start. Please let us know how we can help you.

Who Can Visit Your Baby?

For the most up-to-date visiting guidelines please visit [the Bluewater Health website](#) or speak to your nurse. Smokers need to plan for the length of their visit. You may stop at Tim Hortons in the atrium on your way in or out.

When Are You Not Allowed into the Special Care Nursery?

If you have

- A cold, or a runny nose;
- A cold sore, or feel a cold sore is starting;
- Diarrhea (loose or watery bowel movements);
- Vomiting (throwing up);
- A fever; or
- Been in contact with any communicable diseases (e.g. chicken pox, measles, mumps) in the last three weeks prior to your visit.

Calling the Nursery

If you have questions about visiting and caring for your baby, please contact the department. Please feel free to call the Nursery at any time at **519-464-4400 Ext. 8261**. You must provide the secure ID# that is on your baby band to allow sharing of information. Please do not give this number out to others as it helps us maintain confidentiality for you and your baby. Anyone else asking about your baby will be directed to contact you.

Your Infant's Safety

Security systems have been installed to help stop abductions: door locks, cameras and an electronic infant/child protection system.

No food or drink is allowed at the bedside. Water may be brought to the bedside in closed containers. A waiting room with a washroom is available on the unit for eating, drinking and time on your phone or computer.

Privacy/Confidentiality

Your privacy and that of other families in our nursery is very important to us. Therefore, we respectfully ask for your assistance in not asking questions about other babies in the nursery.

If you are pumping, please feel free to do so in your baby's space in the Special Care Nursery.

Parking

Parking passes can be purchased at Patient Accounts behind Mo'Cha Cafe in the atrium.

