

Boarder Information for New Parents

Dear Mom,

Your physician or midwife has discharged you from their care but your baby is required to stay in hospital. To help you with your stay, we would like to share with you the following information.

As a boarder, you are not considered a patient of the hospital. You will therefore be required to bring in or have your meals brought to you during your stay. There is a fridge in our patient pantry where you are welcome to store your meals. We ask that your containers be labeled with your name. You may ask a nurse or staff member for assistance to access the pantry. Please remember that the food stocked in the patient pantry is reserved for our inpatients.

Because you are no longer an inpatient, you will have to provide your own medications. Our nurses cannot dispense medications to you as a boarder. You will also need to provide your own toiletries such as pads, toothbrush, shampoo etc. If you are pumping your breast milk, you may continue to use our pumps.

Our staff fully understands the benefits to both you and your baby when you are together. We will do our very best to accommodate your baby's needs by having you near. However, you may at times be asked to move to another room or to vacate your room to accommodate new patients. For this reason, we ask that you keep only what you need at the hospital. If we are unable to provide you with a place to sleep, you are always welcome to stay at your baby's bedside.

Never leave your baby alone in the room. If you must step out of the hospital for a short time, please let your baby's nurse know. If required, approved volunteer baby rockers are available and can be arranged with notice to come sit with your baby.