

# Care After Breast Core Biopsy/Aspiration

You have had a core biopsy of your breast done. The following information is to help answer questions you may have.

## Things to Look For After Your Biopsy

### BRUISING

This may be extensive and involve a large part of your breast. The amount you experience will in part be related to how easily you bruise. We try to minimize this by applying firm pressure to the site following the test.

### SORENESS

People experience different levels of discomfort in their breast following this test. You may take plain Tylenol and/or apply an ice pack to the area to reduce this discomfort. Avoid aspirin and Advil (Ibuprofen) for two days following the procedure. Many patients find that wearing a brassiere for the first 24 hours decreases discomfort, especially if your breasts are large.

### INFECTION

Anytime a needle is put into the body there is the potential for introducing infection. You need to keep an eye on the biopsy site. If you notice redness, swelling, or discharge from the biopsy site you should contact your primary care provider.

### NIPPLE DISCHARGE

Bloody or clear nipple discharge can be seen following this procedure. This is not a cause for alarm and should subside within one to two weeks. Contact your primary care provider if it continues beyond this time.

## Activity Level

It is possible for you to bleed from the biopsy site after this procedure. Therefore we suggest you **do not** lift heavy objects, vacuum, or exercise the muscles behind your breast for 24 hours. If bleeding does occur apply pressure to the site for five minutes. Contact your primary care provider if it does not stop.

## Dressings

A thick dressing will be placed over the biopsy site. This is to prevent bleeding and bacteria from entering the breast. Keep the dressing clean and dry. Remove in 24 hours.

## How to Get Your Results

Results will be sent to your primary care provider within 10 days of your appointment.